

A 49-year old male…

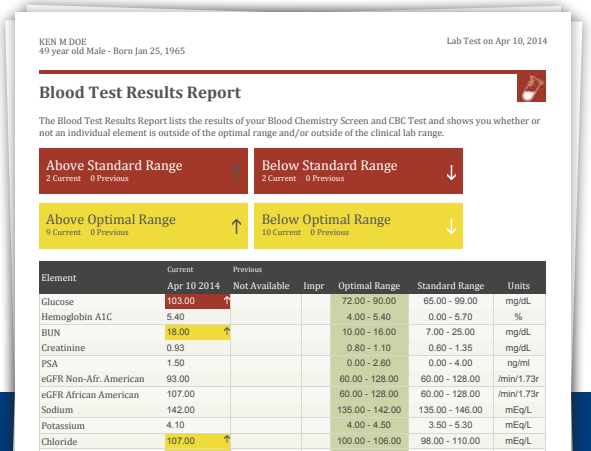
showed a number of classic **magnesium deficiency signs,** but a standard blood test showed his magnesium was **normal.**

His Functional Health Report revealed he needed to maintain a higher dose of magnesium to remain healthy.

He increased his magnesium intake. Within days, his fatigue vanished, the dark circles under his eyes began to fade, his blood pressure lowered, his HDL levels rose, and his blood sugar control improved.

What critical health information are you missing?

Ask your healthcare professional for a Functional Health Report today.



KEN M DOE
49 year old Male - Born Jan 25, 1965

Lab Test on Apr 10, 2014

Blood Test Results Report

The Blood Test Results Report lists the results of your Blood Chemistry Screen and CBC Test and shows you whether or not an individual element is outside of the optimal range and/or outside of the clinical lab range.

Above Standard Range	Below Standard Range
2 Current 0 Previous	2 Current 0 Previous
Above Optimal Range	**Below Optimal Range**
9 Current 0 Previous	10 Current 0 Previous

Element	Current Apr 10 2014	Previous Not Available	Impr	Optimal Range	Standard Range	Units
Glucose	103.00 ↑			72.00 - 90.00	65.00 - 99.00	mg/dL
Hemoglobin A1C	5.40			4.00 - 5.40	0.00 - 5.70	%
BUN	18.00 ↑			10.00 - 16.00	7.00 - 25.00	mg/dL
Creatinine	0.93			0.80 - 1.10	0.60 - 1.35	mg/dL
PSA	1.50			0.00 - 2.60	0.00 - 4.00	ng/ml
eGFR Non-Afr. American	93.00			60.00 - 128.00	60.00 - 128.00	/min/1.73r
eGFR African American	107.00			60.00 - 128.00	60.00 - 128.00	/min/1.73r
Sodium	142.00			135.00 - 142.00	135.00 - 146.00	mEq/L
Potassium	4.10			4.00 - 4.50	3.50 - 5.30	mEq/L
Chloride	107.00 ↑			100.00 - 106.00	98.00 - 110.00	mEq/L

A Functional Health Report takes your lab data and analyzes it to help you understand what's going on inside your body.

Like a finger print, people are individuals with unique biochemical characteristics. Even for people with the same condition, their contributing imbalances may be very different. That's why for optimal results, health decisions should incorporate understandable, actionable information about your biochemistry. That is exactly what The Functional Health Report does, so ask your health care provider for one today.

Ask your healthcare professional for a Functional Health Report today.

IMAGINE

if you could ask your body

WHAT'S GOING ON?





Have you taken a lab test in the last 3 months? Or plan to take one soon?

Then ask your healthcare practitioner for a Functional Health Report today.

Understand your body. Spend your healthcare dollars wisely.

Studies show health issues stem from biochemical imbalances. In fact, each "disease" is really a specific pattern of biochemical imbalances.

Your Functional Health Report works by analyzing results from your lab data. It identifies your body's unique biochemical patterns and makes specific, scientifically based recommendations. So you:

- ☐ ***Understand your nutritional deficiencies*** and which supplements could help you.
- ☐ ***Save time and money*** by purchasing only what your body needs.
- ☐ Enjoy ***peace of mind*** that you are not accidentally harming yourself.

Every recommendation is based on your body's unique biochemistry and sourced from published medical research.

Personalized Information = Better Decisions

You should get a Functional Health Report if…

- ☐ You want to address an ***existing health concern or condition***
- ☐ You want to ***optimize athletic performance***
- ☐ You want to ***reduce medications***
- ☐ You want to ***overcome an addiction***
- ☐ You want to ***get pregnant***
- ☐ You want to ***increase vitality***
- ☐ You're at ***high risk of disease***
- ☐ You simply ***want to feel better!***



A Functional Health Report is like talking directly to your body.

Your Functional Health Report helps you understand:

Where you are:
Explains what your lab results mean and relates each recommendation back to specific biochemical imbalances.

How you're doing:
An early warning system identifiying imbalances when they are meaningful, not just critical.

Your next steps:
Ranks imbalances so you can focus on what is most important; recommends further testing based on your current lab results; and provides special alerts where your lab results may require special attention.

Your progress:
Tracks results to see how well your treatment is working.

Your personalized Health Improvement Plan:
Identifies your body's unique biochemical pattern and makes specific, scientifically based recommendations.